

Welcome to Jewish Family and Child Service

A multi-service agency that strengthens and supports individuals, children, families and communities by increasing safety and security, improving mental health and wellness and reducing the effects of poverty, within the context of Jewish values.

Since 1868, Jewish Family and Child Service has served the emotional, social and physical needs of those who need us most. We respond and reach out to our growing and diverse community with integrated programs and services for children, adults and families. For help in addressing life's challenges, look to JF&CS, every step of the way.

JF&CS welcomes people of all cultural, religious and/or racial backgrounds. While we remain firmly rooted in the traditions and experiences of the Jewish people, many of our services are open to the general community.

Inquiries and counselling are held in confidence.

Jewish Family and Child Service

Central Office and Intake

4600 Bathurst Street | 1st Floor
Toronto, Ontario M2R 3V3
T: 416-638-7800 F: 416-638-7943

Gordon S. Wolfe Branch

365 Bloor Street East, Suite #1904
Toronto, Ontario M4W 3L4
T: 416-961-9344 F: 416-961-9351

York Region Branch | 1 Open Door

9600 Bathurst Street | Suite 242
Vaughan, Ontario L6A 3Z8
T: 905-303-5838 F: 905-303-5892

Jerome D. Diamond Adolescent Centre

196 Keewatin Avenue
Toronto, Ontario M4P 1Z8
T: 416-482-3023 F: 416-482-3014

www.jfandcs.com

info@jfandcs.com | facebook.com/jfandcs

JF&CS strives for inclusivity in all its programs, serving community members of any income, family structure, ability, sexual orientation, gender identity, religious affiliation, level of observance, race, ethnicity, cultural identity and place of origin.



UJA FEDERATION
of Greater Toronto



Ontario



United Way
Greater Toronto



ועידת התביעות
Claims Conference
The Conference on Jewish Material
Claims Against Germany
www.claimscon.org



JF&CS
JEWISH FAMILY AND CHILD
SERVICE OF GREATER TORONTO

**GRIEF &
BEREAVEMENT**
jfandcs.com/hospice

Grief & Bereavement Program

While grief is a pervasive process, it is unique to each of us. The experience is impacted by personal history, current circumstances, the relationship with the deceased, and the death itself. Our team of clinical professionals provide those who have experienced a death loss, a safe space to process their grief. Clients are matched to available services and supports based on their unique needs and grief experience. Services are offered in both individual and group formats and are available to adults, children, and families.

EDUCATION & CONSULTATION

Our team supports professionals in social service and healthcare settings who work with the Jewish community by providing education about Jewish cultural and spiritual needs at end of life and during bereavement. We provide seminars and consultation with a cultural and clinical perspective. For more information please contact the Manager, Hospice & Holocaust Survivor Services at 416-638-7800 x 6201.

JF&CS is a Health Information Custodian (HIC) under the Personal Health Information Protection Act, 2004 (PHIPA) for many of its programs. JF&CS is committed to protecting individual privacy, and to maintaining the confidentiality of all personal health information (PHI).

GROUP SUPPORTS

We offer two types of group supports; loss specific groups that provide education to participants, and therapeutic groups where participants have the opportunity to process and share emotions related to their grief.

Educational Groups:

- Educational materials and strategies to normalize the grieving process
- The knowledge and skills needed for healthy coping

Therapeutic Groups:

- Create a safe space for persons who experienced a more complex or traumatic loss
- Provide the opportunity for participants to process their feelings related to loss, and share their experiences in a supportive environment
- Connect educational materials to participants' lived experience
- Are facilitated by Masters level Social Workers

Group participants are provided with an assessment prior to admittance to ensure the group meets their needs.

ELIGIBILITY

Open to all who have experienced a recent death.

INDIVIDUAL GRIEF COUNSELLING

This service is designed for those who experienced a recent loss. Individual grief counselling is provided by Masters level Social Workers. Many of our services are available at no cost. We provide:

- Support for children, adults and families
- Psychoeducation about grief and bereavement
- A culturally attuned approach to grief
- Connection to resources in the community
- Spiritual support
- Services available in English and Russian

ELIGIBILITY

Recently bereaved clients living in the GTA who identify as Jewish.

HOW TO ACCESS SERVICES

To learn more about the program, please contact the Intake Department at JF&CS at 416-638-7800.

The Jewish Hospice Program is a member of HPCO and has achieved Accreditation of its Visiting Hospice and Grief and Bereavement Services

